

# School Dance Styles

Ecole de Danse

## BEN 2024

Count: 16 Wall: 4 Level: High Beginner  
Choreographer: Chok Fredo (INA) - January 2024  
Music: Ben - Silvia Amaru

Intro 8 count Start dance on vocal Lyrics

### No Tag / 2 Restart

#### Sec 1 FORWARD AND SWEEP - SIDE - BACK AND SWEEP - 1/4 TURN L - FORWARD - 1 / 2 PIVOT R L

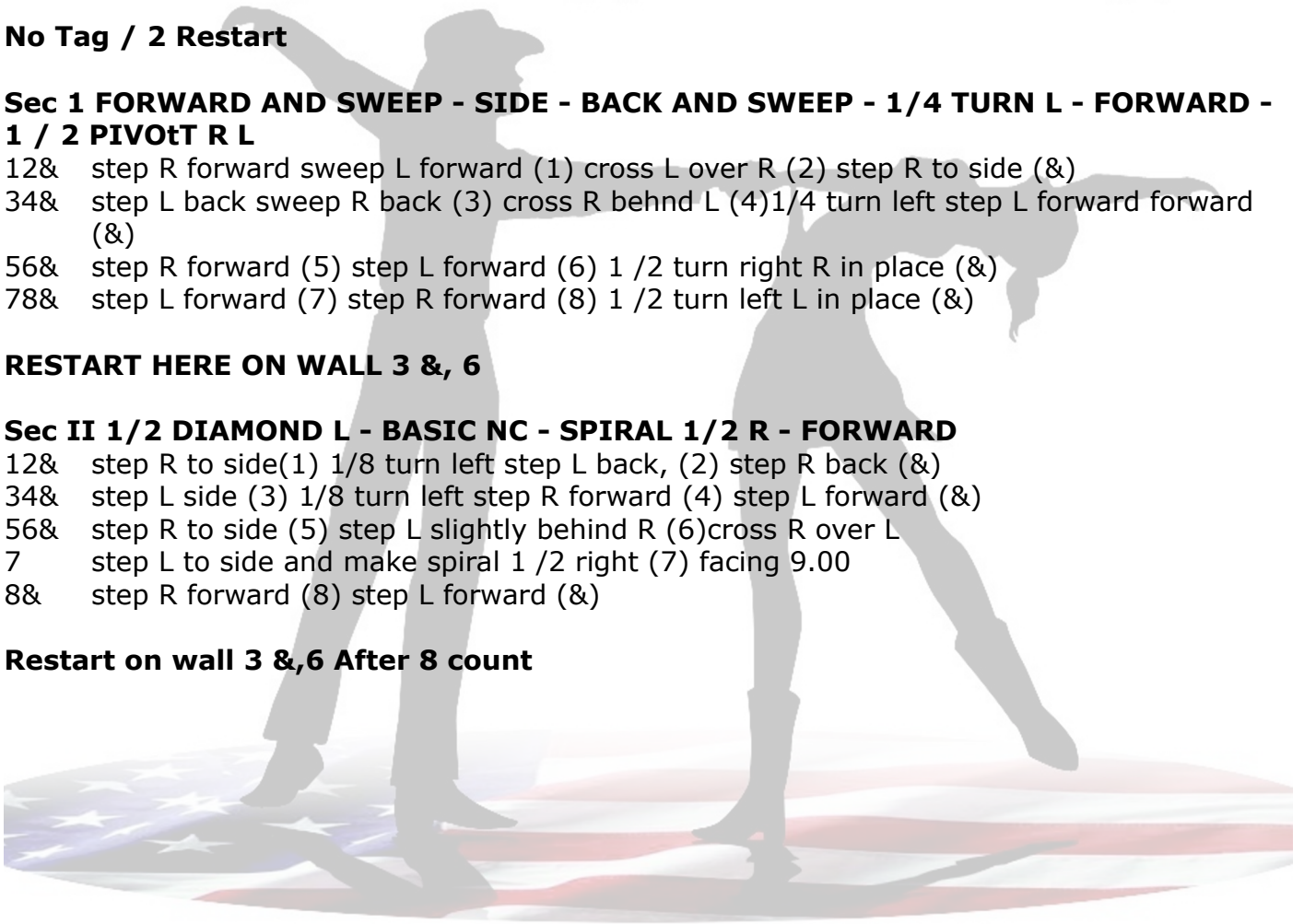
12& step R forward sweep L forward (1) cross L over R (2) step R to side (&  
34& step L back sweep R back (3) cross R behind L (4) 1/4 turn left step L forward forward (&  
56& step R forward (5) step L forward (6) 1/2 turn right R in place (&  
78& step L forward (7) step R forward (8) 1/2 turn left L in place (&

#### RESTART HERE ON WALL 3 &, 6

#### Sec II 1/2 DIAMOND L - BASIC NC - SPIRAL 1/2 R - FORWARD

12& step R to side (1) 1/8 turn left step L back, (2) step R back (&  
34& step L side (3) 1/8 turn left step R forward (4) step L forward (&  
56& step R to side (5) step L slightly behind R (6) cross R over L  
7 step L to side and make spiral 1/2 right (7) facing 9.00  
8& step R forward (8) step L forward (&

#### Restart on wall 3 &, 6 After 8 count



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